

Piano Practice Log and Journal

Name: _____

Week beginning Monday ____/____/____

Monday's assignments:

Wednesday's assignments:

Personal goals for the week*: _____

(*Goals should be measurable, e.g., I will play "XYZ" with no hesitation at ♩ = 88.)

Tuesday ____/____ practice

Total time planned: _____ minutes

Task, composition, etc.	Start	Stop	Min.
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

Remarks: _____

Actual time practiced: _____ minutes

Grade yourself today (optional): _____

Monday ____/____ practice

Total time planned: _____ minutes

Task, composition, etc.	Start	Stop	Min.
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

Remarks: _____

Actual time practiced: _____ minutes

Grade yourself today (optional): _____

Wednesday ____/____ practice

Total time planned: _____ minutes

Task, composition, etc.	Start	Stop	Min.
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

Remarks: _____

Actual time practiced: _____ minutes

Grade yourself today (optional): _____

Thursday ____/____ practice

Total time planned: _____ minutes

Task, composition, etc.	Start	Stop	Min.
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

Remarks: _____

Actual time practiced: _____ minutes

Grade yourself today (optional): _____

Saturday ____/____ practice

Total time planned: _____ minutes

Task, composition, etc.	Start	Stop	Min.
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

Remarks: _____

Actual time practiced: _____ minutes

Grade yourself today (optional): _____

Friday ____/____ practice

Total time planned: _____ minutes

Task, composition, etc.	Start	Stop	Min.
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

Remarks: _____

Actual time practiced: _____ minutes

Grade yourself today (optional): _____

Sunday ____/____ practice

Total time planned: _____ minutes

Task, composition, etc.	Start	Stop	Min.
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____
_____	____:____	____:____	_____

Remarks: _____

Actual time practiced: _____ minutes

Grade yourself today (optional): _____

Total minutes for week: _____ divided by 60 = _____ hours